



Exploration 27 Virtual Retreat

2021 Website Program Description



Residential Retreat **Virtual Retreat**

Exploration 27 Virtual Retreat

A cutting-edge exploration of where you came from, where you are going and your role in this life and beyond. Join us for this LIVE online virtual retreat.

Virtual Program

\$1,395.00

5 1/2 days

Prerequisites

[Lifeline](#)

[Peak Week](#)

[Lifting the Veil](#)

Only one of the prerequisites above is required

Consciousness explorer Robert A. Monroe defined Focus 27 as the area beyond the limits of the Earth Life System. Exploration 27, known as X27 to Monroe Institute participants, takes you on a cutting-edge journey to a place of unlimited creation using audio-guidance technology.

Experience unexplored areas of consciousness. Your exploration takes you beyond The Park and Reception Center, which you explored in earlier Monroe retreats to four unexplored areas of consciousness. Explore the Education Center, Planning Center, Healing & Rejuvenation Center and Coordination Center in exquisite detail.

An Interview with
Dr. Franceen King and
Dr. Joe Gallenberger
on Exploration 27

0:05 / 6:47

(see the link in the details section below)

Discover your true self. Focus 27 is a very powerful state of awareness that offers vast opportunities to connect with creativity, information and healing on your quest for self-knowledge. It opens you to the universal love energy which encompasses all the peacefulness, joy and essence of your true self.

Receive insight into your personal journey. While in the Focus 27 centers, you'll take away unexpected knowledge and insights to support your personal consciousness journey—past, present and future. Visitors like you frequently retrieve historical data, investigate artifacts and explore ideas for new creations. Don't be surprised if you also connect with nonphysical intelligences. This is common when you use Focus 27 as a springboard for visiting Focus 34 and Focus 35.

Invite healing and regeneration. In this state of regeneration and rejuvenation, you may invite physical healing, emotional healing or release, forgiveness, or the chance to strengthen your basic life force. The choice is yours.

Explore your “I-there consciousness.” Never heard of I-there consciousness? It's Bob's term for an energetic composite of all your personalities and experiences from other lifetimes that have informed your understanding of the planet, the universe and yourself. It's readily available to you in Focus 27.

Know where you came from and where you're going. When you return from your journey beyond the Earth Life System, you'll bring with you experiences from “there” that can be anchored “here.” You may sense a deeper connection to daily life, a greater awareness and understanding of yourself, or a clearer understanding of reality. Many people bring back a new skillset that includes better exploratory skills and stronger nonphysical communication skills.

How it works

1. Exploration 27 Virtual Retreat is a 5½ day real-time interactive online retreat.
2. Tentative schedule
 1. Day 1 begins at 3 pm EDT with an overview, introductions, logistics and an audio exercise. The day ends at 6 pm EDT.
 2. Days 2-6 begin at 9:00 am EDT. Each day is different and includes 3-4 audio meditation exercises, activities, videos, and short presentations with a break for lunch. Each day ends at 6:15 pm.
3. The program will be conducted using Zoom meeting, a popular online platform for video conferencing and interactive online instruction. Audio

exercises will be streamed through the Zoom platform and also available for streaming through your Monroe account during the retreat.

4. Reliable internet connection with a recommended minimum internet speed of 5 Mbps for streaming the exercises.
5. You will need headphones and a computer with a camera and microphone for video communications Over-ear wired stereo headphones or high-quality earbuds are recommended with a cord long enough to reach the place where you will be listening to the exercises.
6. To ensure you have true stereo sound, you can use this Audio Test. (*Linked in the details section below.*) You should hear a pulsating frequency from ear to ear.

What You Get

In addition to the program materials and audio exercises, you will receive the following benefits.



Trainer Facilitation

Throughout the course a Monroe trainer will be there to answer your questions and support and guide you through the program.



Additional Audio Exercises

Continue your exploration once the program has ended with a take home audio exercise.



Qualifies as a Prerequisite

Completion of this online course meets the requirement for attending our advanced retreats.